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All About Camellias
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CAROLINA COUNTRY

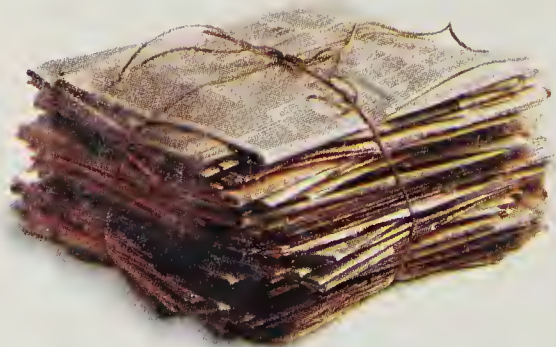
Official publication of Carolina Electric Cooperatives

Special Holiday Issue

- Warren Dixon's Yule Log
- Holiday Events
- Art by Linda Kotila
- Choose & Cut Trees
- An Owen Bishop Sing-along
- 6 Holiday Recipes

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CAROLINA **Electric
Cooperatives**

CAROLINA COUNTRY

(ISSN 0008-6746)

Read monthly in more
than 350,000 homes

Volume 26, No. 12, December 1994



Official Publication
Carolina Electric Cooperatives

Carolina Electric Cooperatives is the network of electric cooperative organizations that provides reliable, safe and affordable electric service to 650,000 homes, farms and businesses in North Carolina. At the heart of Carolina Electric Cooperatives are the state's 28 electric cooperatives, each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

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On the Cover

Linda Benzie is the costumed guide at Old Salem, where the restoration of a 19th century German Moravian settlement preserves not only architecture and artifacts, but also traditions. Here, a young visitor enjoys the Moravian holi-day pyramid, decorated with beeswax Christmas candles made in Old Salem. The popular "Old Salem Christmas" is Dec. 17 (call 910-721-7352). Photo courtesy of Old Salem Restoration.

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Six treats for Christmas.



Capitalizing on cooperation

By Dan Erwin

An old proverb says, "He who sits cross-legged with mouth open waiting for roast duck to fly in is going to have a long hunger."

The statement explains in a humorous way the theory of cooperatives.

Everyone has needs that must be fulfilled. They may include the opportunity to support a family; electric and phone service to improve the quality and safety of one's life; or an organization that pools resources and risks for insurance, credit, health and other needs.

For years people have found they can't "sit cross-legged and wait" for others to fill their needs. They have to take the initiative and join others in a cooperative effort. They know it is no use waiting for big-city companies, because those companies can't make enough profit in rural areas. Their best solution often is to form their own company.

A cooperative is a business owned by the people who use its services. Some co-ops sell goods or services, while others buy as a group. About a third of the people in the United States belong to at least one cooperative. In rural America, the number is higher. These groups "capitalize on cooperation." By reducing expenses, cooperatives often provide lower costs for users and higher profits for producers.

As an example, let me quote an administrator I interviewed at our electric co-op. The first co-op she was involved with consisted of 20 peanut farmers. "They had tried to make it individually, but the costs were too high and they had no bargaining power," she said. "They grouped together for economy and strength."

Most of my experience with cooperatives comes from my membership last June in a "soda-pop co-op" on the Rural Electric Youth Tour to Washington. At our first meeting, we listened to candidates for the co-op's board of directors and elected directors. They interviewed candidates for manager and hired one they felt would do the best job.

Individual members were very important. They had to stay informed of goals, objectives, operating procedures and their elected officials. Each contributed \$1 to join and was able to buy soft drinks during the week. At the end of the week, each member received his or her dollar back, plus a portion of the earnings from drinks sold. In our little co-op, this amounted to 9 cents per soda.

When my family moved to North Carolina, we joined Carteret-Craven Electric Cooperative by paying a one-time membership fee. It didn't matter what our race or nationality or religion was; the only thing the co-op checked was whether we paid our bills faithfully. As the annual meeting arrives each September, we receive a ballot listing nominated officers and rule amendments, and we have the opportunity and responsibility to vote. We receive capital credits according to the amount of power we use. (We always receive more capital credits than my grandparents because our larger house and family use more power.) In past years we have also received small interest payments at the end of the accounting period.

Our electric service is at competitive rates. Sometimes it is a slight bit higher because the power is purchased from investor-owned utilities, but customers often feel the rights of local control offset a higher price.

Some co-ops only accept cash to avoid the expense of credit operations. Some set aside funds for public education and promotion (and people like myself are grateful they do). They emphasize high quality and truthful advertising. And many belong to larger organizations of cooperatives for information and training services.

Cooperatives can be divided into five main types: purchasing cooperatives, marketing cooperatives, housing cooperatives, credit unions and service cooperatives. In our complex world there are overlapping areas, but most cooperatives still fit primarily into one of these types.

Electric cooperatives that generate and

sell electric power are examples of service cooperatives. So are the telephone cooperatives that serve more than a million U.S. subscribers. Health care cooperatives provide medical care for a monthly or yearly fee. Mutual insurance companies are owned and controlled by the people they insure. And specialized cooperatives of many kinds provide services from soil testing to funerals.

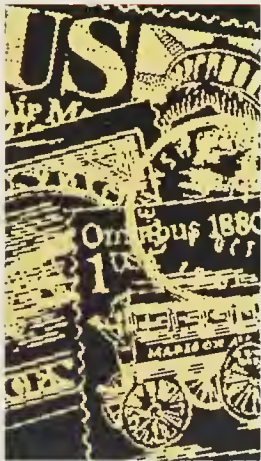
The underlying principles of cooperation—individual freedom and responsibility, the right to organize and have private ownership rights—are essential to all cooperatives.

When you look at the history of cooperatives you find that the ideas behind them have been used in informal ways since America was settled. House-raising and barn-raising, fire brigades formed by neighbors, threshing bees were all people working together for a common goal. You might receive benefits one time and your neighbor might another time, but you all assist one another.

One meaning of the word capitalize is "take advantage of." When you take advantage of cooperation, you plan wisely so your joint efforts will benefit everyone.

People who form cooperatives don't sit waiting for others to bring goods and services to them. They use individual initiative to plan, organize and work together to achieve their goals and benefit each member. They enjoy the reward of "roast duck" because they have worked for it together. They have capitalized on cooperation. ●

Dan Erwin is a senior at East Carteret High School, Beaufort. He represented Carteret-Craven Electric Cooperative on the 1994 Youth Tour to Washington and was chosen the North Carolina delegate to the Youth Consulting Board. The preceding is excerpted from his essay that won second prize in a contest sponsored by the National Institute of Cooperative Education.



Keep those letters coming.

True scenes of Yadkin County

Rebecca White of Lincolnton kindly recalled to inform us that the photograph we identified as showing the Yadkin River ["Scenes of Surry and Yadkin," September 1994] in fact is a scene of a dam on South Deep Creek. Ms. White is the great-grandniece of the man who built a mill at that dam. The area is in Shore Mill Nature Park. She also informed us that a TNT TV production crew in September filmed a scene at the park to include in the movie "Tecumseh" scheduled for broadcast in early 1995.

Looking for quilt patterns

I am looking for any quilt patterns to make a North Carolina quilt. I have searched for three years and have not found a one. Maybe some of your readers know some. I am a member of Surry-Yadkin EMC.

Ruth Ann Brown
1572 Rock Creek Church Rd.
North Wilkesboro, N.C. 28659

"Super Efficient" refrigerator

In September 1993 you reported that Whirlpool Corp. won a "super refrigerator" contest to create an environmentally friendly, super-efficient refrigerator. I would be interested in knowing more about this refrigerator as I am shopping for a new one.

Sandra C. Bertoli Minor
Mt. Gilead

Whirlpool won the contest, sponsored by 24 utility companies, by producing a refrigerator that exceeds 1993 federal energy-efficient standards by more than 25 percent. The appliance has just gone onto the market nationwide, according to Whirlpool's Customer Assistance Center (800) 253-1301. The 22-cubic-foot refrigerator has a CFC-free cooling system, improved insulation, a high-efficiency compressor and improved condenser fan. It is known as the Energy-Wise refrigerator.

Chatham County voter assisted

Thank you for "Candidates for Congress" [October 1994]. The colored map of new congressional districts is a wonderful description that really helps me. It's nice to read about the candidates and very informative when they choose not to respond.

Anna W. Villaneuva
Siler City

Subscriber in Raleigh

We have enjoyed Carolina Country so much for the last 22 years. We bought a place on Lake Gaston in 1972 and sold it on September 1, 1994. Halifax Electric was our supplier. Their service and maintenance were excellent. We would like to continue getting the magazine, so we are enclosing a \$4 check for another year's subscription.

Mr. and Mrs. Joe F. Antone Jr.
Raleigh

We have entered a year's subscription for the Antones. Members of Halifax Electric Membership Corporation may receive Carolina Country by contacting the office in Enfield (919) 445-5111. Anyone who is not a member of a North Carolina electric cooperative may subscribe by sending \$4 for a year's subscription to Carolina Country's Raleigh address.

How many pence to a pound?

As an old Englishman from Leeds, Yorkshire, and an employee of the Leeds Industrial Cooperative Society in 1940-46, I was very interested in your article regarding the Rochdale, Lancashire, Cooperative ["From these humble beginnings . . .," October 1994]. You did, however, make one mistake. In those days there were 240 pennies to the pound, not 100. The change came when Britain converted to decimal currency about 1970.

Paul Harrison
Crumpler

As an Englishman living in North Carolina, I was pleasantly surprised to read "From these humble beginnings . . ." Co-ops were a dominant feature of retailing where I grew up in Yorkshire in the 1940s and 50s. Nowadays the retail [food] co-ops have virtually disappeared.

I would like to correct one error in your article. In 1844 the pound had not been decimalized. The pound was made up of 20 shillings, and 12 pence made one shilling, so that 240 pence made a pound. There were farthings (quarter-penny), ha'pennies (half-penny), florins (2 shillings), half crowns (2 shillings, 6 pence) and guineas (1 pound, 1 shilling). Strange how when we decimalized we found it difficult to get used to 100 pennies in a pound.

Alan Firth
Blowing Rock

Required reading

On behalf of Brogden Middle School, Mrs. Vicki Ivey and myself, I would like to thank you for the Carolina Country magazines [October 1994]. They are a great asset to our 8th grade history program.

Janie Troublefield
Dudley

What Do You Think?

Send us a letter or a fax about our articles or the good work of your electric cooperative. We will publish what space allows. Messages should be brief and must include your name and telephone number (for our verification only). All are subject to editing. Our address is Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611. The fax number is (919) 878-3970.

It's 10 p.m. and you need help . . . Does the emergency responder know where you are?

By Nell Perry Bovender



1 The woman was frightened but tried to remain calm.

"There is a fire," she told the emergency dispatcher.

"We need a fire truck."

"Where are you, ma'am?"

"I don't know," she replied, almost in a panic. "We only rented this house for the weekend. I don't know the address."

2 The child was only 6 but knew to dial 911.

"My mama passed out," she told the dispatcher.

"Where do you live?"

She described the house, their car and where her daddy worked, but she didn't know the address.

3 The handicapped boy could not speak very clearly, but he had dialed 911.

"Are you hurt?" the dispatcher asked.

"Yes."

"Do you need an ambulance?"

"Yes."

"Where are you?"

The boy couldn't answer that.

In all three cases, emergency crews were dispatched immediately—even when callers didn't know their address—because a display automatically appeared on the dispatcher's computer screen showing the addresses of the callers.

It's part of a national movement that started in 1967 when the President's Commission on Law Enforcement and Administration of Justice recommended that a single, nationwide emergency telephone number be established. In 1968, the American Telephone Association set aside the digits 911 for such a use.

In North Carolina, 96 of the state's 100 counties have either switched to a 911 system or plan to do so, according to an October survey by the North Carolina chapter of the National Emergency Number Association (NENA).

Fifty-three counties have gone a step further, and many more plan to follow suit. They have adopted what's known as an Enhanced 911 (or E-911) system. That's the system that displays an address to accompany every phone call received by a communications center. Emergency services nationwide recognize it as the fastest way to get help to people in need.

"It makes a tremendous difference on any emergency call," said Claude Hartsoe, the communications supervisor for Ashe County, where basic 911



has been in place since April. "We can almost pinpoint a residence. It makes for fast, more efficient service."

He gave the example of the handicapped boy who couldn't talk very well but who knew to call 911 when he needed help. "He had gotten separated from his group and was calling from the National Guard Armory," Hartsoe said. "He was OK, but without this system, we would have had to look up the number and trace a location from there. It would have added a lot of time, and you might not have a lot of time in an emergency."

The goal is faster response, agreed Lannie Jones,

Numbered mailboxes and buildings help emergency and other services find what they're looking for.

Ashe County's E-911 coordinator.

"So many people didn't know where they lived," Jones said. "One person calls the road one name, another calls it another. You get a call, 'I live on Jones Road, and there's a wreck in front of my house,' and a neighbor calls, 'I live on Weaver Road, and there's a wreck in front of me. . . . In our type of county, we have over 12,000 structures mostly out in the country. It's better for us if we have that number to find you."

To get "that number" involves a change of address for many rural North Carolinians. The rural routes and box numbers used by the U.S. Postal Service must be changed to city-style addresses of street names and house numbers. Many municipalities also re-number structures inside their limits to make the system uniform.

The change in address involves years of legwork and strong cooperation between county emergency, tax and planning offices, local postmasters and the telephone companies. Every structure in the county — anywhere citizens might work, live, worship or do business and potentially need help — must be identified with a numbered address. The change can take from 18 months to three years to complete countywide.

It is a tremendous work load, said Imogene Toney, chief communications director for Rutherford County's Department of Communications, who is directing the re-addressing of that entire county. "But we feel like once it's complete, we're not going to have to do this ever again."

The system Rutherford County has adopted involves assigning numbers every 20 feet along existing streets and roads — odd numbers on the left, even on the right. New streets and roads will be set up in the same manner.

The change to E-911 also involves a lot of money — on average at least half a mil-

lion dollars, said Roy Meredith, who works in the communications center in High Point and is former president of the state chapter of NENA.

Until 1989, he said, such an expense seemed out of reach for most counties in this state. In 1989, however, the N.C. General Assembly passed The Public Safety Telephone Act, which allows local governments to collect a surcharge to pay for the costs of operating a 911 system. The surcharge — from 12 cents to \$2 a month per phone, among North Carolina counties — is collected monthly through phone bills.

That's when the number of counties adding a 911 system in North Carolina began to escalate rapidly. In 1990, only 47 counties had basic or Enhanced 911, and today it's more than twice that number.

No state or federal legislation mandates this change, Meredith said. It is spearheaded by groups such as NENA, which are made up of communications personnel; law enforcement, EMS and fire personnel; and city, county and regional planners.

Sparsely populated rural counties have the most difficulty funding the new system, Meredith said. But Madison County in the westernmost region of the state, for example, has received a number of grants to help with the cost.

Electric co-ops will benefit

North Carolina's electric cooperatives benefit from the address changes and have worked closely with county and postal officials in making them.

Randolph Electric Membership Corporation in Asheboro, for example, serves more than 23,000 accounts in five counties, and many locations are in rural areas. E.L. "Mac" McCarty, Randolph Electric's office automation administrator, said, "We encouraged them in this project. It defi-

nately helps us to know the exact location of our meters. It helps in meter reading, and it helps when we respond to power outages."

He noted that county officials in the Randolph Electric service area held community meetings to gather citizen ideas, such as ideas for naming roads. And, he said, local post offices are taking the opportunity to add Zip-Plus 4 codes and carrier route sorting information to the new E-911 addresses. The overall project has taken two years.

The U.S. Postal Service is closely involved in all these changes — obviously because its carriers deliver mail to these addresses. But there are other reasons, said Rodney Charles, manager of address management systems for the Greensboro District of the U.S. Postal Service, which serves about 62 of the state's 100 counties — from the northwestern corner to the coast. (The remainder are served by the Charlotte district.)

"We support it because it provides a better response system for emergency purposes," Charles said. "But also because the city-style address it uses can be read better by the types of equipment we now use at the Postal Service to sort and process mail more efficiently."

"With the growth in the southern part of the country," he said, "we're adding more and more rural route boxes. And eventually that route will have to split and residents have to change anyway. This kind of address change should be final."

Converting rural addresses to city-style addresses is a major undertaking for the post office, utilities, local government, and any organization that serves an entire rural area. But once a specific street address is established, it will always be there. Mail carriers, emergency responders, electricity meter readers, even long-lost relatives will know how to match a building with an address.

Nell Perry Bovender, a member of Rutherford Electric Membership Corporation, wrote about health care in rural North Carolina in our April 1994 issue.

*Every
structure in
the county
must be
identified
with a
numbered
address*

"One Nation, One Number"

The concept of a nationwide telephone number was first used in Great Britain almost 50 years ago when the code 9-9-9 was established on a national scale there. Other countries in Europe and around the world have since provided their citizens with similar uniform emergency telephone numbers.

The National Emergency Number Association was established in 1981 to promote the "one nation, one number" idea in the United States. Surveys then showed that fewer than 50 percent of citizens knew the seven-digit numbers to call for police, fire or res-

cue. Travelers rarely knew who to call.

Average delays in responding to calls from citizens not knowing the correct number ranged from one to 3.5 minutes. At least 20 percent had an average delay of 3.5 minutes. In addition, 10 percent of callers needed assistance from more than one service. That required an additional phone call.

Telephone operators were helpful when citizens dialed 0, but they sometimes had to search for the numbers, too.



My Yule log or How many days of Christmas are there, anyway?

By Warren Dixon

Christmas always sneaks up on me. It's like winter: you know it's coming every year, but it's still a surprise.

Last year, I made a vow to get a better grasp on Christmas, to lasso and hog-tie it, so to speak, so that it doesn't trample me to smithereens as it has

done in the past. So I began a Christmas diary right after Christmas last year in an attempt to stop things from snowballing on me and to figure out just when Christmas starts and when it ends. Here is part of that diary:

DEC 26 Purchase bows, Christmas cards, nametags and wrapping paper on sale. Get considerable bargain on wrapping paper, two rolls for \$5. Add it to the other 23 rolls in the attic, some of which are beginning to dry rot. Realize that Dec. 26 is actually first Christmas shopping day of the year.

DEC 27 Find the same shirts purchased for brother for Christmas at \$25 each, now on sale for \$10. Buy two for him for next Christmas.

MAR 25 Complete stranger on street remarks to no one in particular "only nine more months 'til Christmas." Police prevent mob from seriously harming him.

MAY 14 Wife discovers "Christmas House" in Dillsboro, an entire house devoted solely to Christmas decorations and other Christmas related items. Decides to buy numerous gifts to give to friends at Christmas, including ample candles for our own use.

MAY 15 Candles melt in trunk on way home.

JUN 25 Finally finish off last of nine fruitcakes. Go to store to try to find another one. Clerk greets me with "only six more months 'til Christmas!"

JUL 3 Notice that Wal-Mart has its Christmas material displayed in fabric section.

JUL 5 Heilig Meyers announces its "Christmas in July" sale.

AUG 1 Comic strip "The Family Circus:" Boy is looking up at sky and saying "if summer had Christmas it would be perfect."

OCT 1 Last day to mail package by boat to Zimbabwe and expect it to get there by Christmas.

OCT 2 Respond to TV ad and order Giant Christmas Musical Anthology of 90 Christmas songs on four long-playing cassettes, few of which are by the original artists and some of which are actually in English, for only \$34.95.

OCT 3 Wife finds exact same tapes in Wal-Mart for \$9.95.

OCT 21 Christmas stamps go on sale at post office. Clerk overheard asking lady if she'd like Madonna stamp. Lady says even though that is son's favorite singer, she personally doesn't care for her.

NOV 1 Great deluge of Christmas advertising begins with Christmas savings sales and pre-holiday sales. Stores offer same wrapping paper I bought last December at three rolls for \$5. I buy three rolls just in case.

NOV 2 Christmas anthology arrives. Wife plays part of it on her lunch hour and calls to say it's not original artists, but that she does recognize a few of the songs.

NOV 2 Belk Yates offers temporary jobs as sales associates "during the fun-filled Christmas season." The ad says: "Feel the excitement of Christmas." Having worked many Christmases in my youth as a sales associate in various retail stores, I have immediate flashbacks, causing shins to ache where old ladies fighting over specials kicked me. Doctor diagnoses as Post Traumatic Retail Store Stress Syndrome.

NOV 5 Local stores begin displaying fruitcake ingredients and eggnog.



NOV 6

Entry in diary smudged by what appears to be eggnog.

NOV 7

Christmas catalog arrives advertising "Mr. Christmas," a 7-foot tall Oregon pine Christmas tree with real wood trunk and stand for only

\$89.99. Wife, remembering last year's "Battle of the Tree," suggests we buy one. I convince her that this year I will subdue the live tree into its tree stand without chopping it up into kindling.

NOV 16

Exotic beetles are reported to have munched their way onto Christmas tree farms and are stunting growth of trees in the Great Lakes area. I envision live trees costing hundreds of dollars. Order "Mr. Christmas."

NOV 17

Calvin, of comic strip fame, is kicked out of the house by his mom after singing a Christmas carol. He shouts, "Not thinking about it won't make it go away, you know."

NOV 18

A thief steals Christmas gifts from a house in High Point, unwrapping them first. Who would wrap presents so early?

NOV 19

Help wife wrap presents. Cannot find shirts bought for brother Dec. 26.

NOV 20

Wife decides to use stuff purchased at Christmas House for herself.

NOV 22

Lowes begins selling Christmas trees.

NOV 24

Thanksgiving: I ask wife, "Why can't we celebrate Thanksgiving before we get started on Christmas?" She smiles and continues making Santas out of yarn and Clorox bottles.

NOV 25

Day After Thanksgiving: We head for mall for Day After Thanksgiving Official First Day of Christmas Shopping and Demolition Derby. Find two shirts for brother at \$30 apiece.

Ah, *Christmas!* My favorite time of year.

Warren Dixon sends holiday greetings from Randolph County.

"If I don't get a good education, I could end up an alcoholic or lose my family because I'd be worthless."

Katrina Davies
5th grade

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Goats, cheese and Sunday dinner



Text and photos by Peggy Howe

Where in North Carolina can you find the offspring of Cher, Madonna, Betty Grable and Benjamin Franklin, all in one place?

The answer: at Celebrity Dairy in Chatham County.

These celebrities are dairy goats. Their mistress is Fleming Pfann, who operates the only licensed goat dairy in North Carolina.

"The celebrity names came from my daughter, who is an actress in New York," she explained. "Of course, Betty Grable was the goat with the great legs!"

Celebrity Dairy is known for its tasty cheese and monthly gourmet dinners. But the farm, and its herd of about 80 goats, is also an educational attraction. On the day I visited, Fleming hosted a group of 11- and 12-year-olds from an Orange County 4-H Club.

Fleming Pfann manages the farm herself, with weekend help from her husband, Brit, a GTE employee, and from local high schooler Jesse Lemons. She was drawn to goat farming "accidentally."

She has a low tolerance for cow milk, and in 1987 a friend convinced her to try goat milk. She bought one goat, then four more: "They helped with the mowing."

"Then," she told me, "the (goat)

babies came and I wanted to keep every one! Then there was too much goat milk, and the dairy is the result."

Fleming haunted the library to learn about making goat cheese and began making some. She sold cheese to friends and neighbors to help pay for hay and other food for her brood.

"Soon," she said, "I had to contact the state agriculture department for more information on such details as buildings, permits and regulations."

In the midst of all this, Brit's employer assigned him to France for seven months. On weekend trips around the country, he got a good look at goat cheese enterprises. "I was able to join him for one very concentrated week," Fleming said, "when we visited seven dairy farms and came home with a good

overview of the criteria needed — and many friends."

Celebrity Dairy cheese is in great demand by restaurants in Carrboro, Chapel Hill, Durham and Raleigh, plus specialty stores such as Wellspring Grocery.

Fleming makes one kind of cheese, but flavors each batch differently, from her own original recipes, using her own home-grown herbs such as garlic, basil and peppers.

On the third Sunday of each month, she offers a full dinner, featuring her various cheeses, plus a tour of the dairy. Her



We handle the babies from birth to ensure they're comfortable with humans.

limit is 24 guests, children welcome. Each time, she shares her very popular recipes. "I didn't want to open a restaurant," she said, "but did want to reach groups who will then go out and educate others — chefs, waiters and food experts."

One gallon of milk makes one pound of cheese

When I visited the farm, the Orange County 4H Club petted the animals and showered Fleming with questions. How much milk does one goat produce? What kinds of goats are these? Will they bite?

"We handle the babies from birth to ensure they're comfortable with humans," Fleming said.

She explained that it takes three whole days, and eight to 10 pounds of milk (approximately one gallon), to produce one pound of cheese. The milk is pasteurized, separated into curds and whey, drained, and poured into molds. Then the spices and herbs are added.

She told the children that goats are better producers than cows, even though they are one-tenth the size. They eat only one-tenth as much as cows and produce 20 to 30 percent more milk for their size. Goat milk is more digestible than cow milk

and requires less processing. Fleming Pfann is incessantly busy with the goats. I watched her tend a nanny goat who was expecting triplets. "Births usually are twins or triplets," she said.

And there are chores —feeding, milking, worming— plus the work of labeling and delivering about 200 pounds of cheese a week, varying with the seasons.

Celebrity Farm hosts about 800 school children and 200 adults each year. They are welcome one Sunday a month, by appointment only. "I like to talk to groups about alternative agriculture procedures and specialty products," Fleming said. "People are learning and becoming aware of where their food comes from — especially young people."

Writer Peggy Howe lives in Raleigh.



Fleming Pfann offers a taste of cheese to Orange County 4H'ers.

For reservations

Celebrity Dairy holds open house on the Sunday after Thanksgiving and the Sunday before Valentine's Day. Dinners and group tours (limit of 24 people) occur the third Sunday of each month.

For reservations and information write: Celebrity Goat Dairy, 2106 Mt. Vernon-Hickory Mt. Road, Siler City, N. C. 27344. (919) 742-5176.

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The elegant and tough camellia is the quintessential southern garden plant. Unlike most other flowering shrubs, the camellia flowers only in the cooler seasons of year. The large delicate blossom is actually pretty tough and will last up to three weeks under cool, but not freezing, environmental conditions.

*Few flowers
can compete
with the
sheer beauty
of a camellia
blossom*

Few flowers can compete with the sheer beauty of a camellia blossom. Camellias are evergreen broadleaf plants. The dark green foliage adds luster to a garden and as a cut green will complement a flower arrangement.

Some species are tougher than others. These plants prefer protected, partially shaded sites, but I often see vigorous old plants growing in sandy soils near the exposed site of an old home.

One of the most common species of camellia is *Camellia japonica* or the Japanese camellia. The Japanese camellia produces large blossoms (five inches or more in diameter) beginning in early October and continuing as late as April in southeastern North Carolina. Temperatures below 32°F can turn open blossoms to brown mush but will not normally harm the unopened flower buds. Temperatures below 20°F can damage buds and plants.

Another common species of camellia is *Camellia sasanqua* or Sasanqua (pronounced sa-SAN-kwa) camellia. Sasanquas bloom earlier in the fall (September through December) and produce leaves and blooms that are smaller and more refined than the Japanese camellia. Sasanqua blooms generally do not last as long as the larger, more showy, Japonica flowers, and the Sasanqua blooms shatter more easily.

Several other species of camellias are found in the gardens of the camellia connoisseur. The reticulated camellia (*Camellia reticulata*) when grown by a "master" produces very large beautiful blossoms (nearly as large as dinner plates). These beauties require winter protection in a greenhouse or cold frame because of their lack of cold hardiness. These plants are generally considered "show" or "greenhouse" camellias in North Carolina.


Not all camellias are grown just for their beauty. *Camellia sinensis*, or the tea camellia, is the primary source for leaves that can be dried and brewed for tea. This plant has shaped the history of the world (remember the Boston Tea Party?). The tea camellia produces beautiful fragrant, white blossoms (one to two inches in diameter) with distinct yellow stamens in the center. At one time, this plant was common sight around colonial homes in the southeastern United States.



Valentine Day Variety (*Camellia reticulata*)

All about

CAMELLIAS


A true
southern
beauty



By C. Bruce Williams
Photos by Jim Darden



Dr. Clifford Parks (*Camellia reticulata*)

The best start for growing quality, vigorous camellia plants is to begin with vigorous, disease-free, adapted varieties.

Camellias sold in commercial nurseries or garden centers are often marketed in 1- or 3-gallon containers. Most of these camellia varieties are grown on their own roots, although grafted plants are not uncommon in the trade. Choose plants that are at least two years old and 18 to 24 inches tall. Make sure the main stem is clean and free of cankers (open lesions) or other abnormal knots (a graft union is not an abnormal knot).

In general, plants with good branching and the greatest number of leaves will have the best developed root system. Check for insect scales on the underside of the leaves and make sure the root ball has numerous white fleshy roots. If large roots (greater than a pencil) encircle the inside of the pot, the plant is likely root-bound and will require special treatment during planting. A healthy 1-gallon plant will outgrow a large root-bound 3-gallon plant in a single season.

Choose a planting site that is somewhat shaded in summer or winter, protected from early morning winter sun and wind, and well drained. Planting camellias under tall pine trees or on the north side of building will normally fulfill these conditions. Camellias hate poorly drained, wet soil. Use raised plant beds if necessary.

Camellias prefer an acid soil with a pH in the range of 5.5 to 6.5. In the absence of a soil test, amend and incorporate into acid soils five to 10 pounds of dolomitic limestone per 100 square feet of planting bed.

Dig the planting hole twice as wide and deep as the root-ball. Incorporate thoroughly one-half to one cup of bone-meal or one-fourth to one-half cup of superphosphate

(0-20-0) into the hole and backfill. The phosphorus will aid your plant in rapidly establishing a healthy vigorous root system. (Many horticultural experts believe that it is not a good idea to incorporate other fertilizers at the time of planting, however; this issue is controversial.)

Use 3 to 4 inches of good organic mulch over the root zone of the plant. This will conserve moisture, insulate the plant from extremes in temperature, and help prevent weeds invasion.

For established plants, normal rainfall will usually provide enough moisture. For new plantings of containerized or ball-and-burlapped plants, thoroughly water the soil around the plant weekly for the first three months.

Camellias are light feeders, so use fertilizer sparingly. During the first season of growth after planting, fertilize the plant lightly. For established plantings, use six to eight ounces of cottonseed meal per plant or a label-recommended amount of a "slow release" fertilizer especially for camellias. Most camellia growers feel the best time to fertilize is just prior to new growth initiation in March. Distribute fertilizer materials evenly over the root zone of the plant extending to the drip line. Do not overfertilize camellias with too much of a fast-acting fertilizer, such as 8-8-8 or 10-10-10. This can cause severe damage to your plants.

Camellias do not need much pruning. However, if you need to shape your plant or remove unwanted limbs, then prune in March or immediately after the plants have flowered. Always remove dead, injured or diseased limbs whenever they occur.

Like other ornamental plants, camellias have their share of disease and insect pests. Sooner or later you will find out first-hand about some of these problems. 🌱

How to



Tomorrow Marbury's Pink (Camellia japonica)

grow them

For more information:

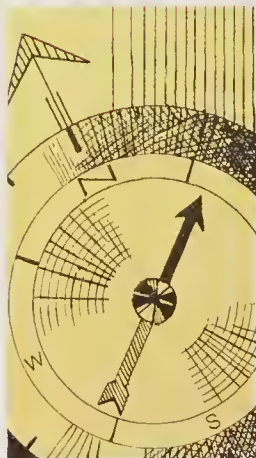
"Growing Camellias" (USDA Home and Garden Bulletin #86) is an excellent guide for beginners. Send a self-addressed, stamped envelope to N.C. Cooperative Extension, P.O. Box 109, Bolivia, N.C. 28422.

The American Camellia Society (1 Massey Lane, Fort Valley, Ga. 31030).

The Atlantic Coast Camellia Society (contact Dave Scheibert, P.O. Box 67, Marshallville, Ga. 31057).

C. Bruce Williams, Ph. D., is the area specialist with N.C. Cooperative Extension Service in Bolivia. Jim Darden is chairman of the Horticultural Department of Sampson Community College in Clinton.

Here, There and Everywhere



Across
North Carolina.

Christmas at the Zoo
.....
Dec. 1-4, Asheboro
N.C. Nature Artists Association show and sale at the N.C. Zoo featuring pictures of wildlife and domestic animals. Contact: Toddy Felts, (910) 879-7200.

Christmas Craft Fair
.....
Dec. 3, Eden
Hand-crafted items and Santa Claus. At the Eden Recreation Department. Contact: Faye Carter, (910) 623-9202.

Appalachian Potters Market
.....
Dec. 3, Marion
Show and sale of hand-crafted clay works at the McDowell High School Commons Area. Contact: Appalachian Potters Market, (704) 652-8610.

Core Sound Decoy Festival
.....
Harkers Island, Dec. 3-4
Over 100 decoy carvers and artists, loon calling, children's activities, auction, live raptors and retrievers, home-made Down East food. Contact: Core Sound Wildfowl Museum, (919) 728-1500.



*The
Core Sound
Decoy
Festival is
Dec. 3-4.*

Christmas Candlelight Tour
.....
Dec. 4, Hillsborough
Tour of historic inns, churches, public buildings and selected private homes. Live music. Admission is \$8 in advance, \$10 the day of the tour. Children under 12, \$3. Call (919) 732-8156.

Christmas at Tryon Palace
.....
Dec. 5-21, New Bern
Five historic sites show visitors the evolution of an American Christmas, beginning with the late 18th century through the 1940s. Insider tours and winter garden tours also offered. Contact: Michele Raphoon, (800) 767-1560.

Coastal Carolina Christmas
.....
Dec. 9, Beaufort
Open house at six historic houses and buildings. Food, entertainment, caroling, bus rides, door prizes. Contact: Lianne Keeney, (919) 728-5225.

Tour of Historic Shelby
.....
Dec. 9-11, Shelby
Escorted evening tours of four decorated homes in the Shelby historic district. Contact Kelli Bolt, (704) 484-3100.

Down East Christmas Crafts
.....
Dec. 9-11, Aurora
Homemade crafts and food items at the Aurora Community Center. Admission is free. Contact: Darnell Smith, (919) 322-4888.

Walnut Cove Tour
.....
Dec. 11, Walnut Cove
A tour of four homes and one Ainn, all decorated for the Christmas season. Tickets are \$5. Contact: Dottie Shelton, (910) 591-3750.

Christmas at Hope
.....
Dec. 11-20, Windsor
Tour the decorated Hope and King-Bazemore houses. Open House on Dec. 11. Contact: Cathy Mizelle, (919) 794-3140.

Christmas for Wildlife
.....
Dec. 17, Kings Mountain
Decorate a tree for wildlife and make an ornament to take home. At Kings Mountain State Park Farm. Contact: Frank Couch, (803) 222-3209.

Christmas Open House
.....
Dec. 22, Hertford
Open house at the Newbold White House on Harvey Point Road, the oldest house in North Carolina. Luncheon tours of the house now available for groups of 10 or more. Contact: Steve Allen, (919) 426-7567.



3 miles of lights at Tanglewood Park.



Appalachian Potters Market Dec. 3.

Ongoing

Blind Center Christmas Shop

Through Dec. 21, Washington
Christmas items made by the blind and visually impaired. Monday-Friday, 9 a.m.-4 p.m., 219 Harvey St. Call (919) 946-6208.

Tarboro Art Bazaar

Through Dec. 23, Tarboro
Exhibit and sale of fine arts and crafts by eastern N.C. artists to benefit the Edgecombe County Cultural Arts Council, the Blount-Bridgers House and the Hobson Pittman Gallery. Contact: Susan Spain, (919) 823-4159.

"What About AIDS?"

Through Dec. 31, Winston-Salem

This new exhibit at SciWorks uses a combination of text, computer, video, personal stories, photo essays and hands-on activities to educate people about the HIV virus and AIDS. Contact: SciWorks, (910)767-6730.

Tanglewood Lights

Through Jan. 8, Winston-Salem

One of the largest drive-through holiday light shows in the country featuring over 50 exhibits and over 500,000 lights along a 3-mile tract within Tanglewood Park. From 5:30 to 11 p.m. nightly. Tickets are sold at the gate. Call (910) 766-0591.

Regional Contemporary Art

Through Jan. 15, Winston-Salem

The Southern Arts Federation/National Endowment for the Arts exhibit features the work of 30 southeastern artists to highlight the diversity of artistic expression across the region. Hosted by the Southeastern Center for Contemporary Art. Contact: Virginia Rutter, (910) 725-1904.

"Black Achievers in Science"

Through Jan. 16, Durham

Exhibit shows examples of the successes of African-American scientists and inventors. At the Museum of Life and Science. Contact: Carrie Lee Booth, (919) 220-5429.

Project Face to Face

Through Jan. 22, Charlotte

Eighteen plaster face masks of people with AIDs, accompanied by their recorded oral histories, provide visitors with a non-threatening encounter with the HIV community. At the Mint Museum of Art. Contact: Phil Busher, (704) 337-2009.

At State Historic Sites

The following North Carolina State Historic Sites will offer special Christmas programs.

Thomas Wolfe Memorial, Asheville, through December: decorated for a Victorian Christmas.

Bentonville Battleground, Johnston County, Dec. 3: troops talk about a Civil War soldier's Christmas.

Historic Halifax, Dec. 3-4: Burgess house and Eagle Tavern decorated in 19th century style with heritage craftsmen at the tavern.

Bennett Place, Durham, Dec. 4: Civil War-era Confederate band performs holiday and military music.

Elizabeth II, Maneto, Dec. 4: the 16th century sailing ship celebrates with an Elizabethan flair.

James K. Polk Memorial, Pineville, Dec. 4: Historical drama depicts an 18th century Christmas; hot cider, shortbread and Yule log during choir performances.

Reed Gold Mine, Cabarrus County, Dec. 4: handbell ensemble rings in 19th century Christmas; period crafts and German-style tree.


Somerset Place, Creswell, Dec. 4: local community and churches help decorate the 18th century plantation; beans and hoe cakes cooked on open hearth.

Deadlines

Deadlines for submitting notices to "Here, There and Everywhere."

February issueDec. 25
March issueJan. 25
April issueFeb. 25

We welcome photos and illustrations of coming events. Send notices to Calendar, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.



WHAT MILLIONS OF CHILDREN RELY ON TO HELP THEM BREATHE

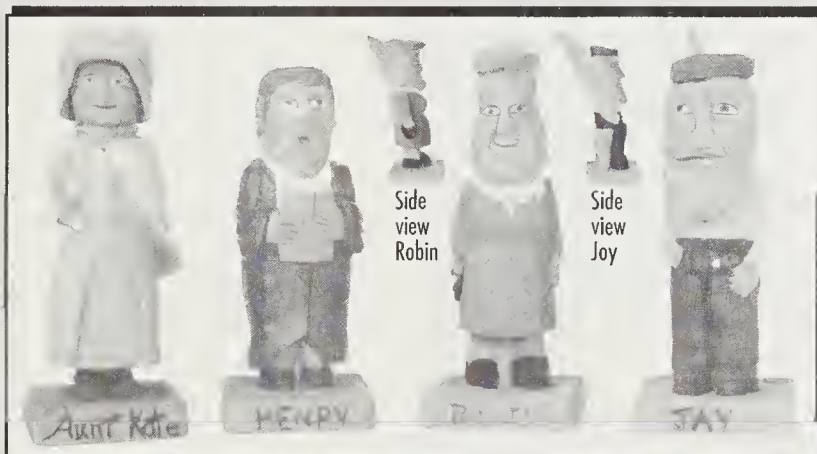
Every year, funds raised from Christmas Seal donations help millions of children with lung disease and other breathing problems. So please call 1-800-LUNG-USA to learn more. Because only with your help will we all be able to breathe a little easier.

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When you can't breathe, nothing else matters®

These unique collectibles are hand carved from pine knots, cast in pecan shell resin, fully detailed, and are hand painted. Each character has his/her own story and is signed by the artist, Phylis Parnell. The characters are approximately 5½" in height.

Aunt Kate's Originals



Aunt Kate	Henry	Robin	Jay
Dress/Bonnet—Rose	Robe—Dk. Green	Dress/Hat—Blue	Pants—Green
Shawl—Lt. Rose	Shirt/Tie—White	Purse/Shoes—Black	Shirt—Tan
Shoes—Brown	Hair/Shoes—Brown		Hat/Shoes/Belt—Brown

Aunt KateItem 103	@\$19.95 ea. =	
HenryItem 100	@\$19.95 ea. =	
RobinItem 101	@\$19.95 ea. =	
JayItem 102	@\$19.95 ea. =	
NC Residents add 6% sales tax =			
(1-4 Items) Shipping and handling =			3.95
Total =			

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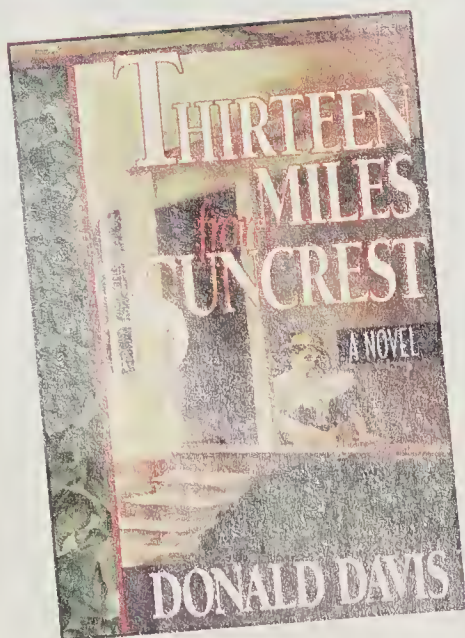
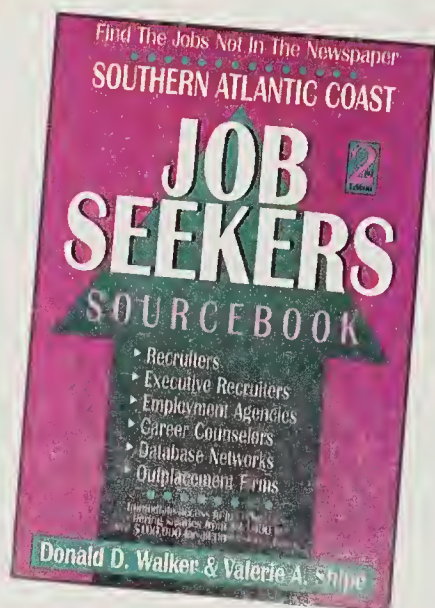
Please mail with check or money order to: Aunt Kate's Originals, P.O. Box 1455, Mt. Gilead, NC 27306. Please allow 6-8 weeks for delivery.

Books

by Peggy Howe



Give a book to someone.



Job Seekers Sourcebook

Donald D. Walker and Valerie A. Shipe, 420 pages

A new second edition sourcebook offers hope to job hunters. Especially prepared for the individual looking for a new job, the "Southern Atlantic Coast Job Seekers Sourcebook" also gives tips for recruiters, executive recruiters, employment agencies, career counselors, database networks and outplacement firms.

Donald D. Walker and Valerie A. Shipe cover "immediate access to job openings offering salaries from \$20,000 to over \$100,000 for all professional fields." The new edition includes more than 1,200 business names plus firms from Florida to North and South Carolina. Readers also find helpful hints on interview techniques, resume preparation and electronic job search.

The Southern Atlantic edition is one of 13 regional sourcebooks available covering many areas of the country. They cost \$14.95 each in softcover plus \$3 shipping from Net Research, 16731 East Iliff Suite B183, Aurora, Colo. 80013; 800-455-5340.

Outlet Guide to the South

A. Miser and A. Pennypincher, 282 pages

Hey you "shop 'til you drop" folks — this book's for you! "Save up to 70 per cent off department store prices!" Sound familiar?

The new third (biennial) edition features outlet stores in 10 southern states including Alabama, Arkansas, Louisiana, Georgia, North and South Carolina, Florida, Mississippi, Kentucky and Tennessee. Specialized indexes include product outlet malls, maps, directories, descriptions of merchandise, addresses and telephone numbers. Also included are names and addresses for state tourism information.

Softcover books cost \$9.95 each at bookstores or from Globe Pequot Press, Box 833, Old Saybrook, Conn. 06475; 800-243-0495.

Thirteen Miles From Suncrest

Donald Davis, 253 pages

A three-year-long Sunday afternoon journal by a budding teenager becomes a first novel for a North Carolina master storyteller. Donald Davis

fully describes a turn-of-the-century Appalachian mountain village's everyday life through the journal of young Medford McGee. Some four decades later, rereading his journal, McGee is struck by the similarity of life then and now as well as the changes during the intervening years.

Davis, an Ocracoke resident and master storyteller, recalls the end of his own childhood in this first novel.

The book is available for \$19.95 (hardcover) at bookstores and from August House, P.O. Box 3223, Little Rock, Ark. 72203; 800-284-8784.

The Hinterlands

Robert Morgan, 356 pages

Always best are tales of the olden days heard at grandparents' knees, and "The Hinterlands" is no exception.

"The Hinterlands: A Mountain Tale in Three Parts" is the story of a family who found, marked and paved their way into America's eastern frontier. Robert Morgan, a North Carolina Blue Ridge Mountain native, based his fictional story on accounts of his own family's history, set in the same area where he grew up. Three generations of mountain storytellers unfold for their grandchildren the sometimes sad, other times poignant or amusing adventures of a mountain family who settled the wilderness in 1772, 1816 and 1845. Harrowing stories of panther attacks, rattlesnakes, mountain adversity plus mountain wit and wisdom flow through the pages in lyrical mountain language—typical of the area.

In bookstores for \$21.95 (hardcover) or contact Algonquin Books of Chapel Hill, P.O. Box 2225, Chapel Hill, N.C. 27515-2225; (919) 967-0108.

Dr. Frank: Life With Frank Porter Graham

John Ehle, 281 pages

Stories from the legions of family, friends and admirers of a legendary North Carolinian provide insight into a remarkable life. In "Dr. Frank: Life With Frank Porter Graham," John Ehle presents the distinguished educator and humanitarian as a "human being." An introduction by Charles Kuralt describes Graham simply as "a saint."

From childhood, Frank Porter Graham longed to be a baseball player. The book

profiles his career instead as University of North Carolina president, United States senator, United Nations mediator, as well as serving presidents on boards and commissions, and, with his life active to the end, "winding down" in his beloved Chapel Hill. Appendices contain several major speeches by Dr. Frank and light footnotes highlighting the charisma of the person with "Christlike" qualities. Fifty three photographs and letters add depth to the legend.

"Dr. Frank" costs \$19.95 (hardcover) at bookstores, or order from Franklin Street Books, 119 East Franklin Street, Chapel Hill, N.C. 27514.

The Geographical Cure

Michael Parker, 287 pages

Three short stories and three novels run the gamut of characters, ages and backgrounds from the American South in "The Geographical Cure." In each story, Michael Parker's characters struggle to understand the paths their lives have taken and the purposes behind them. Parker is assistant professor of English at the University of North Carolina at Greensboro.

Set in rural North Carolina, the widely differing selections include such tales as the story of two young men working as Indians in a frontier themepark, the memoirs of the oldest sibling in a small town family, and a story dealing with an unlikely incident at a vocational school involving a stalled bus and a funk band.

At bookstores for \$20 (hardcover) or from Charles Scribner's Sons, 866 Third Ave., New York, N.Y. 10022; (212) 702-3452.

Ship Ashore: The U.S. Lifesavers of Coastal North Carolina

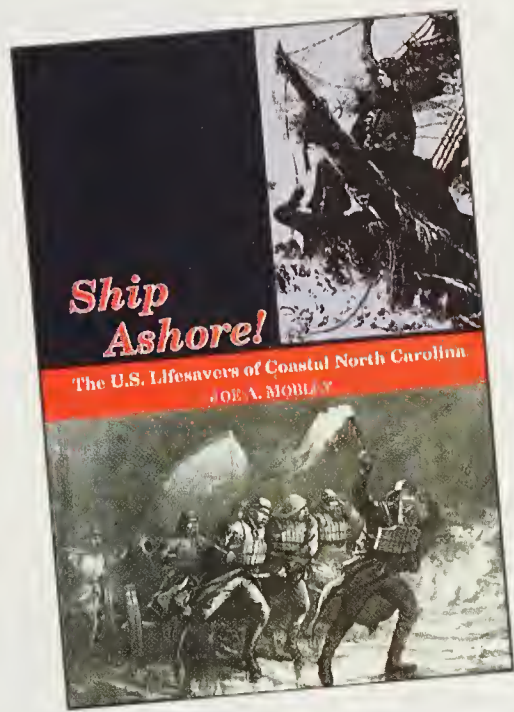
Joe A. Mobley, 185 pages

The North Carolina coast is treacherous for ships. Near Cape Hatteras, the cold current converges with the warm Gulf Stream waters, spawning vicious, stormlike turbulence. Since the 16th century, as many as 650 verifiable vessels have sunk beneath the churning waters — nobody knows how many more — creating the "Graveyard of the Atlantic."

In 1874 North Carolina's lifesaving service began, ultimately reaching 29 stations along the coast. Joe Mobley traces their formation and the role of their gallant lifesavers under the most adverse

circumstances. He outlines in detail the savage fury of the storms and the bravery of the lifesavers. Specific ships are chronicled, and black and white sketches and engravings depict the historic structures, ships and lifesavers.

Available in softcover for \$10 plus \$2 for postage and handling from the Historic Publications Section, Division of Archives and History; 109 E. Jones St., Raleigh, N.C. 27601-2807; (919) 733-7442.



All Join Hands

Heidi Hartwiger, 160 pages

Heidi Hartwiger invites us to reinvent fun and take up the centuries-old tradition of passing along familiar games to the next generation. In "All Join Hands: The Forgotten Art of Playing with Children," Hartwig, public school teacher and mother of four, delves into generations past to bring back the free and simple acts of family-style fun.

She catalogues these recovered treasures, offering suggestions — for indoors and outside— as simple as an autumn walk for last remaining crickets or fireflies or growth rings on cut tree stumps—to bird feeding, hopscotch, making newspaper trees, the eency weency spider or puppets and Scherenschnitte.

Amid today's loss of relationships, traditions and sense of personal identity, she aims to return childhood to its rightful owners — the children. She insists that we all can work to reach one child at a time, knowing it makes a critical difference.

In case you don't remember the

games, Susan Tracy's illustrations make the projects easy.

Available at bookstores for \$13.95 (softcover) or from Down Home Press, P.O. Box 4126, Asheboro, N.C. 27204; (910) 672-6889. Mail orders add \$1.50 for shipping. North Carolina residents add 84 cents tax.

Southern Hospitality Cookbook

Sara Pitzer, 200 pages

For those who lack a mansion and kitchen staff, here are menus and recipes for entertaining simply and graciously. In her preface, Sara Pitzer offers a bit of historical explanation about what makes Southern hospitality so unique and provides some solutions for the challenges we face today — few servants, limited space and time.

This is both a cookbook and entertaining guide containing 200 recipes and 20 menus for both formal and casual entertaining. Pitzer has updated traditional Southern recipes for today's health-conscious palates and cross-referenced them to thematic menus. Appendices include notes on managing large groups, a bibliography and a list of "simplifiers."

Available in bookstores for \$11.95 (softcover) or from August House Publishers, P.O. Box 3223, Little Rock, Ark., 72203; (800) 284-8784.

Beaver Dam Road Poems

Paul Carroll, 59 pages

From a man who is in love with his immediate environment comes "Beaver Dam Road Poems." A paean to North Carolina's northwest, specifically Watauga County, Paul Carroll's poems run the gamut of everyday subjects: fall's harvest moon, neighbors, football weather, the high country's first snow, rhymes about Daniel Boone and Cole Younger, and a Cherokee shaman's song.

Emeritus Professor of English at the University of Illinois at Chicago, Carroll is a newly-dedicated North Carolinian describing his 106-year-old house, farm and surroundings as a "demi-Eden."

Available in bookstores for \$10 (softcover) or from Big Table Books, Rte. 2, Beaver Dam Road, Vilas, N.C. 28692.



North Carolina news you can use.



Reynolda House open house is Dec. 11.

Storey family farm, a winner

The J. L. Storey family of Hertford County won the 1994 Good Earth Family Award given by the state Department of Agriculture for efforts in conservation farming.

J.L. Storey of Winton is also assistant secretary-treasurer of the board of directors of Roanoke Electric Cooperative of Rich Square.

The family farm includes a large poultry broiler operation, 50 acres of peanuts, 30 acres of cotton, 70 acres of corn, and 300 acres of woodland.

Among the soil and water conservation techniques the Storeys apply are using crop residue to protect the soil after harvest, plus grassed waterways, field borders and critical area treatment zones.

State Agriculture Commissioner Jim Graham called the Storey family "guardians of the land for future generations."

Christmas in Winston-Salem

The Christmas season is especially colorful and festive at Old Salem, the restored Moravian village in Winston-Salem.

The traditional "Salem Christmas," a live exhibition of 18th century Yuletide activity, is Dec. 17 this year.

Old Salem also presents "A Child's Christmas in Salem" multi-media presentation, a traditional candle tea at the Single Brothers' House, and a Moravian Lovefeast Service at Home Moravian Church.

Historic Bethabara Park, site of the first Moravian settlement, hosts candlelight tours Dec. 9-10 and candlelight concerts on Dec. 11.

Other Winston-Salem attractions have special seasonal events, including open house Dec. 11 at both the Reynolda House Museum of American Art and the Graylyn mansion.

The Tanglewood Park Festival of Lights runs through Jan. 8.

For information about these and many other cultural and seasonal events in the area, contact the Convention and Visitors Bureau, P.O. Box 1408, Winston-Salem, N.C. 27102. Phone: (910) 777-3787.

Sportsmen who care

A new statewide organization of sportsmen is helping to feed hungry people in North Carolina during the current deer season.

Carolina Sportsmen Who Care, the only group of its kind in the state recognized for state and federal tax purposes as a charitable corporation, encourages hunters to donate venison to the program.

"Hunters have always done this type of thing," said Jason Forbis, president of the organization and a member of Blue Ridge Electric Membership Corporation. "I've never met a hunter who didn't take a deer, or portion of a deer, to a family they knew."

County volunteers are the key to the project. They connect hunters with cooperating, certified food processors where the meat is ground and packaged into two-pound packages. Local food distribution organizations, such as Food Banks, then take the meat where it is needed.

Forbis says the organization is growing very well. The county volunteers as of late October were: Ashe (Teresa Kimberlin, 877-5022), Chatham, (Ray Lilly, 919-742-2266), Halifax (Chris Aydlett, 586-3993), Iredell (Toren Nix at 938-2862 and Billy McClure at 528-9327), Lincoln (Mike Stallings, 732-1220), Montgomery (Bob Lee, 428-9388), Orange-Caswell-Alamance (Harry Anderson, 704-786-0859), Randolph (Bruce Harris, 800-436-0305), Rowan (Stan Link, 278-4716), Stokes (Phil Ring, 593-8333), and Watauga (Bill Dobson, 963-6807).

To support or volunteer with Carolina Sportsmen Who Care, contact Jason Forbis, P.O. Box 1395, Jefferson, N.C. 28640. Phone (910) 246-4074.

"What's for dinner?"

A new menu service created by a Union County woman offers subscribers a set of dinner recipes each month.

"The Chef's Assistant" monthly package includes recipes for 20 dinners (main and side dishes), four "express meals" that can be prepared in 30 minutes, four desserts, weekly shopping lists for the meals, kitchen hints, and a poster that informs others in the household "what's for dinner" in a given week.

The business is a consumer-member of Union Electric Membership Corporation.

A subscription costs \$19.95 for one month and \$49.95 for three months. For information, contact Fragige Corporation, P.O. Box 598, Mineral Springs, N.C. 28208. Phone: (800) 317-CHEF or (704) 283-5106.



"Country Elegance"

Artist Dempsey Essick, a member of Davidson Electric Membership Corporation, painted "Country Elegance" as a fund-raiser for the drug-free, alcohol-free First Night '95 event in Winston-Salem New Year's Eve. It is the third in Essick's "First Night Series."

The image size is 12 by 21 inches (trim is 15½ by 24 inches). Signed and numbered prints are available for \$97.10 (includes shipping and tax). Direct orders to The Essick Gallery, P.O. Box 1149, Welcome, N.C. 27374. Phone: (704) 731-3499.

Electric power wins cat fight in Anson County

Fighting bobcats caused a brief power outage in part of Anson County in September when their tussle placed them in contact with the poletop force of electricity. Both the bobcats and electric service were knocked out, but the latter was revived about an hour later.

Pee Dee Electric Membership Corporation linemen from Wadesboro appeared on the scene to restore power soon after the 6:20 a.m. outage occurred near a railroad crossing. There they retrieved the unfortunate cats at the base of a electric power pole. One weighed 20 pounds, the other 13.



Pee Dee Electric's lineman Chip Huneycutt shows the losing bobcats.

Auditions Set at N.C. School of the Arts

High school and undergraduate college students interested in performing and visual arts may apply for auditions and applications at the North Carolina School of the Arts in Winston-Salem.

Dates have been arranged for sessions in the following schools: dance, stage design and production, drama, filmmaking, music and visual arts.

For dates and application forms, contact Director of Admissions, N.C. School of the Arts, 200 Woughtown St., P.O. Box 12189, Winston-Salem, N.C. 27117-2189. (910) 770-3291.

"Cubs" publish a cookbook

The PTA of a Graham elementary school has published a 130-page cookbook of recipes contributed by students, staff and friends of the school. Proceeds from the sale of "Cubs in the Kitchen," illustrated by students, will benefit the school library. Books cost \$10 and are available from B. Everett Jordan Elementary School PTA, 5827 Church Rd., Graham, N.C. 27253. (910) 376-3673.

How to promote a "buy recycled" program

More than 5,000 commonly-used products are made of recycled materials, according to American Recycling Markets, publishers of the "Official Recycled Products Guide."

The list includes coffee filters, floor tiles, hoses, "post-it" notes, picture frames, hanging file folders and bulletin boards.

The guide costs \$49 separately, or can be obtained along with updates, a newsletter and other information for a \$275 annual subscription. Contact Official Recycled Products Guide, P.O. Box 577, Ogdensburg, N.Y. 13669. Phone: (800) 267-0707.

North Carolina state government agencies, and many local governments and businesses, have adopted policies to try to "buy recycled."

For information about setting up a buy-recycled program in your business or community, contact N.C. Office of Waste Reduction, 3825 Barrett Dr., Suite 300, Raleigh, N.C. 27609. (800) 763-0136.

For information about the business recycling alliance, contact North Carolina Recycling Association, 7330 Chapel Hill Rd., Suite 207, Raleigh, N.C. 27607. Phone (919) 851-8444.

Asheville gallery showcases glass art

The first North Carolina gallery of glass art opened recently in Asheville.

Referring to the mountain communities around Penland School of Crafts, north of Asheville, Vitrum Gallerie curator Priscilla Hope, said "North Carolina is the heart of the glass movement in America, but up until now we haven't had a showplace for this talent." She said the area "serves as a mecca for renowned glass artists coming to learn, to live among the wealth of creativity and to study with the finest instructors in the world."

The first glass studio was established at Penland in 1967, and Harvey Littleton, known as "the father of the studio glass movement," retired there in 1977.

More than 35 artists, most of whom live in the state, are represented in Vitrum Gallerie's four rooms.

Vitrum Gallerie is open Tuesday through Saturday and by appointment at 339 Merrimon Ave., Asheville, N.C. 28801. Phone: (704) 253-0589.



Inside Vitrum Gallerie.

Neil Steinberg



“Holiday Express”

By Linda Kotila

Linda Kotila's third watercolor in her series "Hometown Christmas" depicts her vision of a scene that comes to life in the Jackson County mountain town of Dillsboro. The "1702," a Baldwin steam locomotive with the Great Smoky Mountains Railway, arrives in town the first two weekends in December, adorned in holiday decorations and bringing passengers for a celebration of lights.

The Great Smoky Mountains Railway special excursion train, "Santa Express," runs round-trip between Dillsboro and Whittier on Dec. 3 and 10. There is on-board entertainment, caroling and refreshments. The railway also operates excursions on other December afternoons between Dillsboro and Bryson City. For information about all the railway's excursions, call (800) 872-4681.



Linda Kotila, who lives in Sylva, says she has a personal attachment to locomotive "1702," because it served in World War II as her father did. As she imagined its December arrival in Dillsboro for her painting, she said, "We peer up the track and there it is! Coming around the bend, snowflakes swirling in its wake, the mighty little engine puffs into town with its precious cargo. It wears a crisp, green wreath as if it were a medal on its chest. The passenger cars trail behind, colorful as Christmas packages; the caboose is dressed in its finest Christmas red. We look closer and are tickled to see Brownie, the 'town dog,' grinning at us from the cab, wearing a bright railroad scarf."

"Holiday Express" prints measure 11½ by 21 inches and are available signed and numbered for \$50 each. (Add \$10 for shipping; N.C. residents add 6 percent for sales tax). Call about artist's proofs, remarked proofs and information about the two previous prints of the series.

This year Linda Kotila also has done three new prints in addition to "Holiday Express:" a 9 by 12-inch "Father Christmas" (\$40) and four 4½ by 5-inch "Christmas Halos" (\$10 each).

Contact Phylby's Prints, 206 E. Kivett Drive, High Point, N.C. 27260. (800) 849-8848 or (910) 882-1414. ●

Where to find "choose and cut" Christmas trees

Christmas tree farming is an important agricultural enterprise in North Carolina. And many tree growers are served by electric cooperatives.

The "choose and cut" Christmas tree farm list below includes members of growers associations and does not necessarily reflect all growers in North Carolina.

Most farms listed here begin "choose and cut" operations after Thanksgiving. For details, ask for the complete directory as noted below.

The North Carolina Christmas Tree Association also represents Christmas tree wholesalers. For a directory of members, contact the association.

Eastern North Carolina Choose & Cut Tree Farms-'94

The complete directory includes hours of operation, directions to the farms and more. Contact Eastern North Carolina Christmas Tree Growers Association, 1811 Salem Road, Goldsboro, N.C. 27530, 919-734-4171.

Bladen County

Jerry L. Smith, Elizabethtown, (910) 645-4872.

Burke County

A.C. Crotts, Hickory, (704) 397-3159.

Chatham County

Elton Chevalier, Apex, (919) 387-7226.

Jordan Lake Christmas Tree Farm, Apex, (919) 362-6300.
Indian Ridge Tree Farm, Siler City, (919) 837-5866.

Craven County

Mcllwean Christmas Tree Farm, New Bern, (919) 637-9261.
Moore Christmas Tree Farm, New Bern, (919) 638-4160.

Cumberland County

Holiday Christmas Tree Farm, Linden, (910) 892-6739.

Duplin County

Beautancus Christmas Trees & Wreaths, Mt. Olive, (919) 658-4512.
Cedar Branch Christmas Trees, Teachey, (910) 285-2764.
Kenansville Christmas Trees, Magnolia, (910) 296-0829.
Marvin Sautter, Mt. Olive, (919) 658-5377.

Franklin County

Ballinger Tree Farm, Raleigh, (919) 787-1805.
Cawthorne's Christmas Tree Farm, Kittrell, (919) 492-0041.

Granville County

Corn Hill Christmas Trees, Kittrell, (919) 693-2813.

Greene County

Uncle Barney's Tree Farm, Snow Hill, (919) 747-3105.

Halifax County

Alton W. Anderson, Jr., Between Enfield & Scotland Neck, (919) 826-5807.
Richard E. Cowan, Littleton, (919) 586-6495.
The Pines, Halifax, (919) 583-2301.
Thompsons Tree Farm, Scotland, (919) 826-4968.

Harnett County

Daniel Tree Farm, Dunn, (910) 897-7520.
Earl E. Gray, Kipling, (919) 552-7957.

Johnston County

Northlake Christmas Trees & Nursery, Benson, (919) 894-3524.
Dan McInnis, Raleigh, (919) 779-1562.

Lee County

Holly Hill Trees & Trim, Sanford, (919) 499-9302.

Lenoir County

Dawson's Christmas Tree Farm, Kinston, (919) 523-5646.
Merry Christmas Tree Farm, Grifton, (919) 524-5832.

Lincoln County

Helms Christmas Tree Farm, Vale, (910) 276-1835.

Martin County

Jacy's Trees, Williamston, (919) 792-4747.

Moore County

Doby Tree Farm, Cameron, (910) 245-3265.

Nash County

Julian Collie, Rocky Mount, (919) 443-3228.
Sharpe Farm, Rocky Mount, (919) 446-3806.
Finch Forest Tree Farm, Bailey, (919) 235-2221.

New Hanover

Holland Family Christmas Tree Farm, Wilmington, (910) 791-2555.

Onslow County

Justice Choose & Cut Christmas Tree Farm, Jacksonville, (910) 346-6783.
Mike's Christmas Tree Farm, Beulaville, (910) 324-3422.

Pitt County

L & L Christmas Trees, Farmville, (919) 753-3512.
Snodie B. Wilson, Kenansville, (910) 296-0824.
Tucker Hines Christmas Tree Farm, Ayden/Grifton, (919) 756-2717.

Robeson County

Deines Tree Farms, Lumberton, (910) 739-2979.
Lou Henderson, Maxton, (910) 844-3983.
Santa's Forest, Lumberton, (910) 739-7005.

Sampson County

Warrens' Christmas Tree Farm, Roseboro, (910) 564-6020.

Wake County

Back Achers Christmas Tree Farm, Raleigh, (919) 821-2071.
Bobby G. Brock, Apex, (919) 772-3273.
Daylon Rogers, Raleigh, (919) 787-2986.
Pop-N-Son Christmas Trees, Garner, (919) 772-0467.

Wayne County

Maxwell Farm Christmas Trees, Dudley, (919) 734-3573.
Mack & Emily's Trees, Goldsboro, (919) 734-4171.
Sasser Christmas Tree Farm, Goldsboro, (919) 778-5798.
Teri-Jim's Christmas Trees, Dudley, (919) 735-8140.



Western North Carolina Choose & Cut Tree Farms-'94

The complete directory includes hours of operation, directions to the farms and more. Contact North Carolina Christmas Tree Association, P.O. Box 1937, Boone, N.C. 28607, 800-562-8789, fax: 704-265-1558.

Alleghany County

City Limit Trees, Laurel Springs, (919) 851-0267
Li'l Grandfather Christmas Tree Farms, Laurel Springs, (910) 359-8817.
Sam Miller Trees, Laurel Springs, (910) 359-2365.
Roberts Tree Farm, Ennice, (910) 657-8587.
Bickerstaff Trees, Sparta, (919) 372-8866.

Ashe County

Church Tree Farm, West Jefferson, (910) 877-9276.
Covington Tree Farm, Laurel Springs, (910) 982-3872.
Saunders Tree Farms & Tannenbaum Farm, Jefferson, (910) 246-5050.
Townsend Tree Farm & Crafts, Fleetwood, (910) 877-3071.

Avery County

Hickory Dendron Farms, Boone, (704) 264-4683.
Christmas Corner, Newland, (704) 733-1130.
Cartner Christmas Tree Farms, Newland, (704) 733-2391.
Spanish Oak Farm, Charlotte, (704) 366-3881.

Brook Hollow Nursery, Crossnore, (704) 733-9161.
Christmas Tree Hill Nursery, Newland, (704) 733-4230.
Three Oaks Ltd., Newland, (704) 733-2662.

Davie County

Tatum Farms, Mocksville, (704) 284-2334.

Guilford County

John B. Wagoner, Gibsonville, (910) 449-4557.

Haywood County

Boyd Mt. Christmas Tree Farm, Waynesville, (704) 926-1575.

Lincoln County

Helms Christmas Tree Farm, Vale, (704) 393-1346.

Madison County

Frosty Mountain Christmas Trees, Marshall, (704) 656-8100.

Transylvania County

Farley Nursery, Brevard, (704) 883-9828.

Watauga County

Childress Nursery, Boone, (704) 963-6660.
Dotson's Nursery, Boone, (704) 963-4464.
Hawk Mtn. Farm, Boone, (704) 963-5960.
Cozy Nook Nursery, Boone, (704) 264-2346.

Ewing's Fraser Fir Farm, Vilas, (704) 297-2856.

Garry Henson & Family Christmas Tree Farm, Boone, (704) 264-0809.

Denver Taylor Nursery, Boone, (704) 963-5782.

Joyner's Corner

by Charles Joyner



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Four and twenty blackbirds,
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When the pie was opened,
the cook began to cry.

When the pie was opened,
it gave diners pause.

When the birds began to sing,
the cook was fired –

For caws!

He Left No Stone Unturned

Clarence W. Griffin told this story in his book, "Essays on North Carolina History." The book by the former editor of Rutherford County's Forest City Courier is a collection of reprints from his newspaper column, "Dropped Stitches in Rutherford History," which ran in 1947–48.

It seems that the son of a Confederate veteran came into Griffin's office and asked him to apply to the federal government for a headstone for his father's grave.

For many years, the federal government has furnished free headstones for the graves of honorably discharged members of the armed services or any war, including those who fought on either side during the Civil War. As a public service to the people of Rutherford County,

Griffin kept a supply of application forms and sometimes filled out applications for his subscribers.

On this occasion the War Department rejected the application on the grounds that the soldier had deserted the Confederate Army and joined the Union Forces. Undeterred, Griffin resubmitted the application, this time for the marker of a Union soldier.

The second request was granted. In due time the son received a free headstone for his father's grave.



WORD-PLAY

WORD-WARD-WAR-WAY-LAY-PLAY

To go from URBAN to RURAL, you may delete one letter, add one letter or replace one letter with another in each step. Letters can be rearranged in any step.

1. Not rural

U R B A N

2. Grain husk

3. Hurried

4. Male sheep

5. Wander

6. Arising from conscience

7. Wall painting

8. Not urban

R U R A L

Answers on page 25

Hank's Gardening Guide

by Hank Smith



Ideas for holiday decorating.



Beneath the mistletoe

Keep an eye open for mistletoe, growing on high branches of trees, especially deciduous specimens. This plant is a true parasite which has no roots. It can choke away a tree's vitality in time.

Mistletoe is a traditional green used in holiday decorations. Hang it high away from the reach of children, because the waxy white berries and dull green leaves are poisonous.

For generations it has been harvested by shooting it down with a shotgun.

The joys of the season

Autumn has given way to winter. We slow down our outdoor gardening activities, but there are still many jobs to be done.

Planting is in full swing with bare-root, container-grown and balled-and-burlapped nursery stock now in good supply at nurseries and garden centers. Except in mountainous areas, woody plants put in the ground now will have a much better chance to get established and to begin well next spring. At higher altitudes, it usually is best to delay planting until spring.

High on the list of enjoyable chores is collecting holiday greens for decorations. Green foliage such as holly, pine, cedar, and Southern magnolia will add much pleasure to holiday festivities. Also, try pine cones and seed pods for use in arrangements.



Storing garden chemicals

Granular and powdered chemicals used in garden pest control need to be protected from high humidity. One way to do this is to place the original bag or box in an airtight glass or plastic container. Be sure the label is intact; it is your guide to proper usage.

Liquid chemicals should be tightly sealed and stored in a cool, dark place that is safe from freezing temperatures and extreme heat.

Store all chemicals where they cannot be reached by children.

Azaleas' second roots

Sometimes you will find an azalea plant which has developed a second set of roots established just above the original set. This indicates that the plant has been set too deeply, or mulch has been heaped up into the crown of the plant. Poor drainage and deep planting will kill azalea roots by excluding air from the soil.

In an effort to survive, the plant puts out a second root system just below the ground level. In time the original plant dies and the azalea is sustained by its secondary

roots. When this happens, you should cut off the mass of dead roots just below the new set. Reset the plant at the level at which its new root system was growing.

Amaryllis house plant

This showy flower grows from a bulb and makes an ideal gift to bring cheer to rooms during dull winter days. If you receive one, plant it in a pot large enough to leave about an inch of soil around the sides of the bulb. Take care not to break or damage roots. Plant amaryllis in rich potting soil, leaving about an inch of the neck exposed above the soil. Water it well.

Place the pot near a bright window. If the light is too dim the stalk will grow tall and may break off. This can be prevented by inserting a stake and securing the stem with twist-ties. In the event of several cloudy days, place the plant beneath a fluorescent light. Even a table lamp or floor lamp will help.

After the amaryllis blooms and flowers fade, treat the amaryllis as other house plants. Fertilize monthly with soluble 20-20-20 or similar analysis fertilizer.

The potted amaryllis can

be moved outdoors in summer. In the autumn, withhold water and let plant dry out. You'll see the fat flower bud emerging when it's ready to grow again.

Lily-of-the-Valley

It's time to begin planting Lily-of-the-Valley pips for bloom next summer. This ever-popular garden perennial grows best in shady spots. If old plantings have become crowded, dig, divide and re-set them in shady spots of fertile soil. Lily-of-the-Valley makes a good groundcover in shady spots of rich soil.

Deciduous shrubs

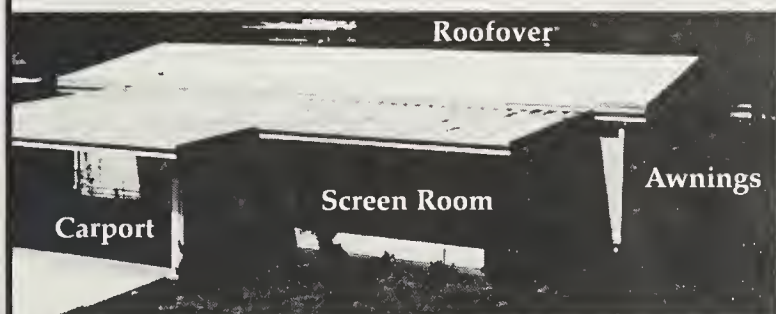
Most spring-flowering shrubs that lose their leaves over winter will grow if planted now. Among these are Lonicera (honeysuckle), early-flowering jasminum (*Jasminum nudiflorum*), or the spireas, forsythia (yellow or golden bells), flowering quince, deutzias, philadelphus, and Scotch broom. They will repay December plantings with early bloom in the spring.

At higher altitudes, it is safest to wait until early spring for planting.

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Answers to

WORD-PLAY

From page 23

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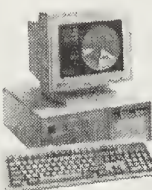
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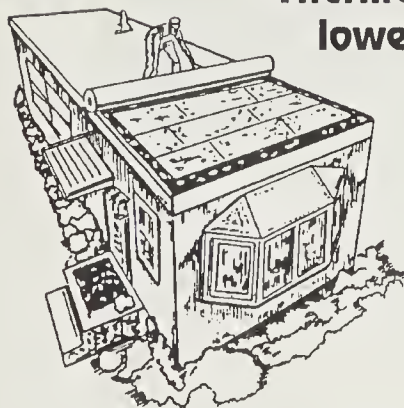


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"Rudolph" may be musical cotton candy but it remains as popular as ever 45 years after Gene Autry recorded it.

Choosing your favorite Yule songs: Is it melodies or memories?

From the deck of our rented cottage, we could see people gathering around a huge bonfire about half a mile away as twilight settled in along the Outer Banks shoreline. We quickly assembled for a walk on the beach—to check out the inviting scene in the distance.

Our clan during that vacation included my wife Cynthia; daughter Melissa, who was 4; and two cousins. (Ellen, our second child, would not join our family for another two years.) As we neared the bonfire, we could hear the group singing. A young man energetically strummed a guitar, pausing between songs to ask what the crowd wanted to sing next. He motioned to us, saying, "Come on and join in!"

The songfest turned out to be part of a week-long vacation for an extended family from Pennsylvania.

They coordinated plans every year to take over two adjacent houses near Avon.

The guitarist soon warmed to Melissa, who thoroughly enjoyed singing but didn't know most of the songs he played.

"What would you like for us to sing?" he asked her. When she hesitated, he added: "What's your favorite song?"

"Rudolph the Red-Nosed Reindeer," she said.

We chuckled but then managed to raise our voices in a memorable summertime salute to the enduring Yuletide celebrity.

Melissa, who'll turn 18 in a few weeks, probably still counts the tune as one of her favorite songs—although she probably would admit it only to the youngsters she encounters as a babysitter. Through the years, the song has remained a regular part of the family sing-alongs she and her sister enjoy on long road trips, without any regard to the season.

Her fondness for the song grew even stronger after she learned a new version of it several years ago from Meredith College students, who punctuated the lyrics with sassy little asides. (As in this

reference to the reindeer's very shiny nose: "and if you ever saw it, you would even say it glows —LIKE A LIGHT BULB!")

I believe most of us eventually stake a claim of this kind on some of the songs we associate with Christmas, even though we may be unaware of it. We hear them year after year, and they can become intertwined with our memories of holiday events and our emotional response to the season. That's true of other kinds of music as well but I think it's accentuated for Yuletide classics

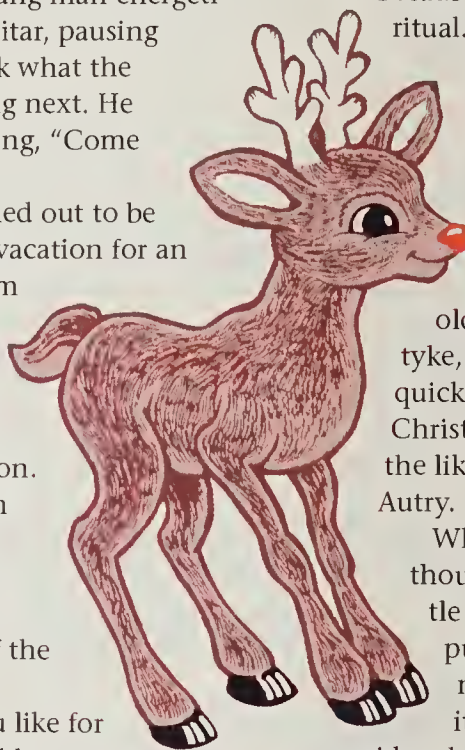
because they're part of an annual ritual. In any case, I think your list of favorite carols probably has little to do with any sort of critical appraisal of the music itself.

If you asked me to name some of the popular songs we heard on our old Philco radio when I was a tyke, I couldn't do it. But I could quickly tick off many of the Christmas tunes we heard from the likes of Bing Crosby and Gene Autry.

When Autry sang "Rudolph," I thought the song told a cute little story but I considered it purely a "kiddie" song. I was nine by the time he recorded it in 1949, so I'm sure I considered myself much too old to pay attention to such music

I was far more impressed with "Santa Claus Is Comin' to Town," which was already a classic by the time I came along. Perhaps it stands out in my mind partly because it gave parents and teachers a friendly admonition they could pass along to ansty kids during the weeks leading up to Christmas: Better be good 'cause Ol' St. Nick is "gonna find out who's naughty and nice." Every year, I heard it almost daily between Thanksgiving and Christmas—or so it seemed.

Other seasonal songs we sang most often were: "Jingle Bells," "Up on the Housetop," "Here Comes Santa Claus," "Winter Wonderland," "Silver Bells," and these traditional carols: "Silent Night," "Away in a Manger," "Hark! the Herald Angels Sing," "Oh, Come, All Ye Faithful," "Joy to the World," "The First Noel," and "O Little Town of Bethlehem."



To refresh my memory about these and other holiday season songs, I thumbed through a couple of songbooks at the public library and, in the process, discovered some fascinating stories about many of them. Here are just a few:

🎵 "Jingle Bells" was never intended to be a Yuletide song. James Pierpoint wrote it in 1857 for a Thanksgiving program at a Boston church. Children in his Sunday School class sang it so well they were asked to repeat the performance at Christmastime. It's been considered a Christmas song ever since.

🎵 Haven Gillespie and J. Fred Coots turned out "Santa Claus is Comin' to Town" in one afternoon in October 1934. They were under intense pressure from a music publisher who was eager to publish a children's Christmas song for the upcoming holiday season. Eddie Cantor introduced it on his radio program and proved to be an instant hit. Within a few weeks, sheet music for the song was selling at a rate of 25,000 copies a day.

🎵 "Rudolph" was written by Johnny Marks, who later wrote other holiday songs, including "When Santa Claus Gets

Your Letter," "A Holly Jolly Christmas," and "Rockin' Around the Christmas Tree." He also adapted a poem by Henry Wadsworth Longfellow to produce the song, "I Heard the Bells on Christmas Day." Bing Crosby, one of several top artists who recorded it, joked to Marks, "I see you finally got yourself a decent lyricist."

🎵 Lyrics for "Silent Night" were written in 1818 by Joseph Mohr, a Catholic priest in the Austrian village of Oberdorf. Since the church's pipe organ had given out, the organist, Franz Gruber, quickly set the words to music for a tenor, a bass and two guitars. The carol was presented publicly for the first time at the midnight service.

🎵 Phillips Brooks, a Philadelphia minister, wrote the words for "O Little Town of Bethlehem" in 1868, drawing inspiration from his trip to the Holy Land three years earlier. His organist, Lewis Redner, wrote the music and the carol was presented for the first time by the church's children's choir.

🎵 "Away in a Manger" was identified as the work of Martin Luther when it was first published in 1887 as "Luther's Cradle

Hymn." The publisher had erroneously described it that way in a collection called Dainty Songs for Lads and Lasses. The origin of the tune is uncertain but the poem was "borrowed" from a children's Sunday School book.

🎵 Tommie Connor wrote "I Saw Mommy Kissing Santa Claus," in 1952, and had the good fortune to see it recorded by 12-year-old Jimmy Boyd. It sold 2 million copies the first year.

🎵 One modern holiday classic was written as a show tune. Jerry Herman wrote "We Need a Little Christmas" for the Broadway show "Mame" in 1966. It was featured in a scene where Auntie Mame, her nephew and their servants decided they needed the lift that only Christmas can bring—even though the holiday was months away.

🎵 "Blue Christmas" is familiar to me primarily because of the Elvis Presley version of it. It has been recorded by many other artists as well, but it started out as a country favorite because it was first made popular by country singer Ernest Tubbs. 🎵

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Country Kitchen



Make some
for Santa.

Cranberry-Orange Trifle

Submitted by Mary Read, Brevard

- 1 angel food cake
- 1 package (3-ounce) instant vanilla pudding
- 1 tub (8-ounce) cool whip

- 2 containers (12-ounce each) Ocean Spray Cranberry-Orange crushed fruit relish

Break the angel food cake into small pieces and set aside. Make pudding per instructions on box, add cool whip and set aside. Layer the pieces of cake and one container of crushed fruit in a trifle bowl or other serving bowl. Pour the pudding mixture over both. Continue this until all ingredients have been used. Chill four hours and serve. Enjoy!

Popcorn Cake

Submitted by Betty Radford, Goldsboro

- Melt together:
- 1 stick margarine
 - 1 bag (16-ounce) marshmallows
 - 1 teaspoon vanilla

- Put the following in a large bowl to mix up:
- 1 jar (16-ounce) dry-roasted peanuts
 - 1 package (16-ounce) M&M's Plain
 - 2 quarts popped popcorn

Pour melted marshmallows with vanilla over mixture and mix. Put into a tube pan or 9 by 13-inch pan that has been buttered or sprayed with Pam. Let sit for one hour and then serve.

Colorful

Array of

Moravian Sugar Cookies

Submitted by Erin Burke, Lexington

- 4 cups molasses
- $\frac{1}{4}$ cup butter
- $\frac{1}{4}$ cup shortening
- 2 $\frac{1}{2}$ cups brown sugar
- 16 cups flour
- 2 tablespoons cinnamon

- 2 tablespoons cloves
- 2 tablespoons ginger
- 2 tablespoons mace
- 6 teaspoons baking soda dissolved in 4 tablespoons boiling water

Cream molasses, butter, shortening and sugar. Sift together flour and spices. Add baking soda to first mixture, then gradually add dry ingredients. Chill overnight. Roll dough and use favorite cookie cutters. Bake at 275 - 300 degrees until done.

Cashew-Pecan Brittle

Submitted by Nancy H. Vest, Sanford

- $\frac{1}{4}$ cup cashew pieces
- $\frac{1}{4}$ cup pecan pieces
- 1 cup sugar
- $\frac{1}{2}$ cup light corn syrup
- $\frac{1}{4}$ teaspoon salt
- 1 tablespoon butter or margarine
- 1 teaspoon baking soda
- 1 teaspoon vanilla

Combine nuts, sugar, syrup and salt in Dutch oven. Cook over low heat, stirring gently, until sugar dissolves. Cover and cook over medium heat 2 to 3 minutes to wash down sugar crystals. Uncover and cook, stirring occasionally, to hard crack stage (300 degrees). Remove from heat. Stir in butter or margarine, baking soda and vanilla. Pour into greased jelly roll pan, spreading thinly. Let cool. Break into pieces.

Holiday

Gingerbread

Submitted by Hollie Green, Deep Gap

- $\frac{1}{2}$ cup shortening
- $\frac{1}{2}$ cup brown sugar, packed
- 1 egg
- $\frac{1}{2}$ cup light molasses (or any kind)
- 1 $\frac{1}{2}$ cups flour, unsifted
- $\frac{1}{2}$ teaspoon salt
- $\frac{1}{4}$ teaspoon baking soda
- $\frac{1}{2}$ teaspoon ginger
- $\frac{1}{2}$ teaspoon cinnamon
- $\frac{1}{2}$ cup boiling water

Preheat oven to 350 degrees. Grease an 8 by 8 by 2-inch baking pan. Beat shortening and sugar until creamy. Add egg and molasses. Beat well. Mix dry ingredients thoroughly. Add to molasses mixture alternately with boiling water. Beat after each addition. Pour batter into pan. Bake 35 to 40 minutes. Serve warm with ice cream or cool whip. Delicious with hot coffee or hot chocolate. Serves 9. Bake and enjoy. (Note: Self-rising flour may be used but omit the baking soda and salt.)

Holly Cookies

Submitted by Mrs. A.B. Eten, Bear Creek

- $\frac{1}{2}$ cup margarine
- 30 large marshmallows
- $\frac{1}{2}$ teaspoon vanilla
- 1 $\frac{1}{2}$ teaspoon green food coloring
- 3 $\frac{1}{2}$ cups corn flakes
- red hots (candy)

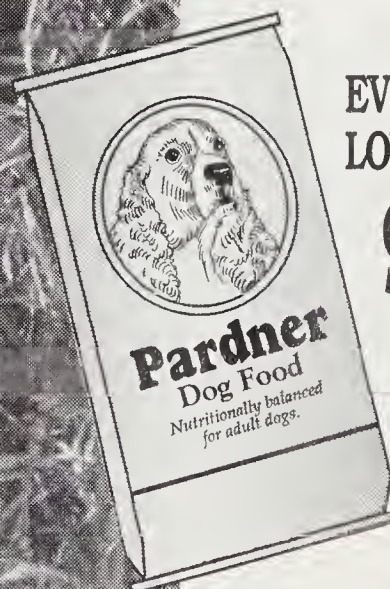
Melt margarine and marshmallows in a double boiler or a thick sauce pan over low heat. Stir in vanilla and food coloring. Add corn flakes. Mix gently until coated with green mixture. Drop by teaspoon onto wax paper in shape of holly leaves. Decorate with red hots.

Treats

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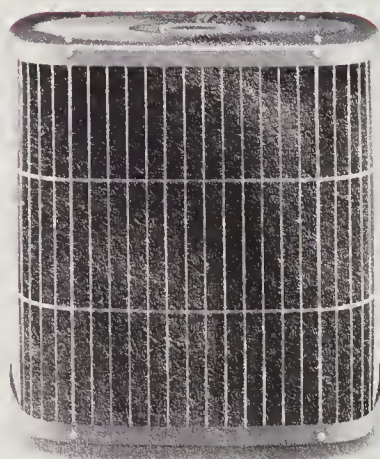


Electric 4-alarm chili

2 lbs. of ground beef
2 large onions, chopped
1 large green pepper, diced
2 cloves garlic, minced
1 can (16 oz.) tomatoes, undrained
1 can (8 oz.) tomato sauce
1 cup water
1/4 cup chili powder
1 tsp. each salt, paprika, oregano
and ground cumin
2 to 3 tsp. TABASCO® pepper sauce
1 tsp. instant coffee powder
2 cans (16 oz. each) red kidney
beans, drained

*In large heavy pot,
brown beef with onions,
green pepper and garlic.
Drain off fat. Add
remaining ingredients,
except kidney beans.
Simmer uncovered at
least 45 minutes,
stirring occasionally.
When thickened, stir in
drained kidney beans,
heat through and serve.*

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